

# Where Are They Now?

St Elizabeth Catholic High School Regional Arts Program

Visual Arts



## Dr. Laura Tari

**Art discipline?** Visual Arts

**Year of Graduation?** 2009

**Education** York University- Honours Bachelor of Arts in Kinesiology

Canadian Memorial Chiropractic College-  
Doctorate of Chiropractic

**What is your current job and what does that entail?**

I work as a chiropractor out of my own clinic, "Movement Chiropractic & Rehab" in Vaughan. I love treating and interacting with new people every day. My goal is to help people keep moving and stay moving through reducing muscle and joint related pain, aiding in injury and accident recovery and increasing mobility.

**Please comment on any skills you feel you have developed in the RAP.**

Being a part of the RAP program taught me self-discipline and time management. As visual art is very much a solo art form, I learned to become disciplined and organize my time accordingly in order to finish projects for exhibits. This skill has helped me throughout my schooling and in operating my current business as a lot of preparation to fulfill your dreams requires discipline to do the hard work behind the scenes.

**What is your most fond memory of RAP?**

My favorite memories were the class trips we took to New York, Montreal, Ottawa and France. I made lifelong friendships with those in RAP with whom I still spend time with today.

**What piece of advice would you have for current students?**

Stay positive, you are only as powerful as your mindset.

**Why did you choose to attend St. Elizabeth?**

Initially, I was interested in pursuing a career in the arts. I am still very much involved in the art community as I have dedicated the hallways of my clinic to local artists to use to exhibit their latest work.